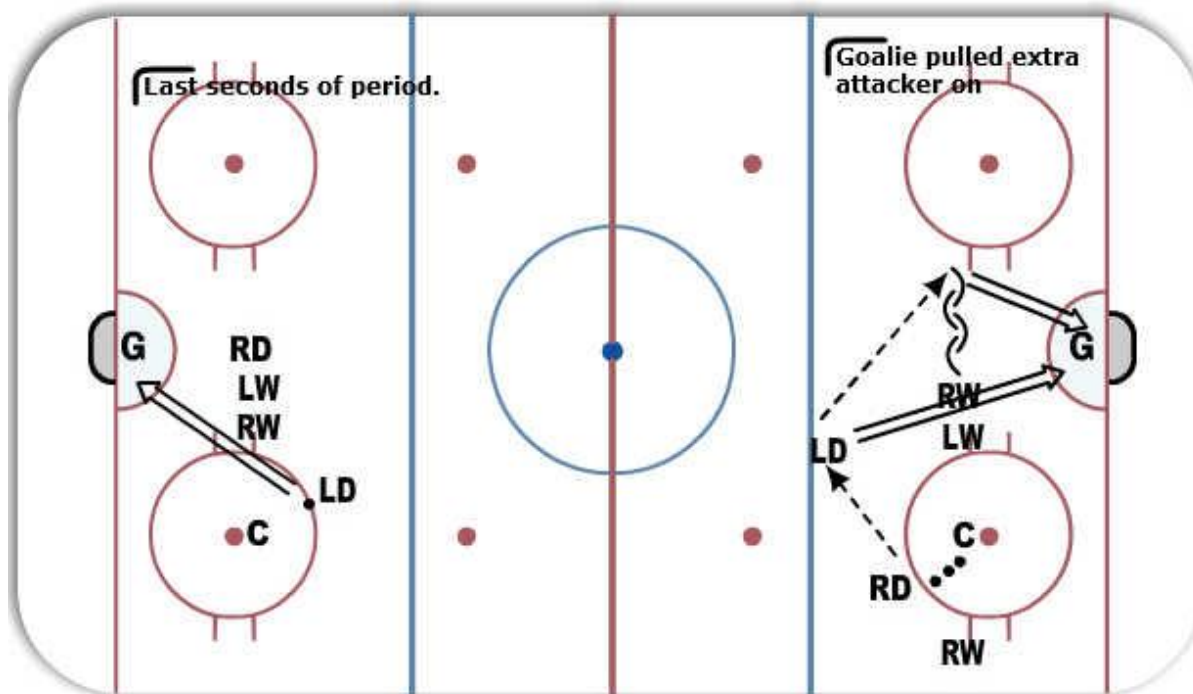


Last seconds of Period/Game Options



Description

Last seconds of period

Centre draws puck back to Dman and ties up opposing centre.

RW blocks out opposing winger from going to point.

LW and RD keep sticks on ice and go to net looking for tip or rebound.

Goalie pulled

Centre either wins draw back or ties up opposing Cman to allow RW or RD to get puck.

Puck is to be worked back to LD or Dman who is in the middle of the blue line.

Extra forward (in this case righthand shot) slides to open ice ready for pass or rebound.

Coaches must reinforce to all players that their needs to be 2 or 3 on the puck at all times.

Key Points: Attitude, Alignment, Assignment

Notes

Attitude - Cman and all players have attitude to win every draw. Cman must ensure everyone is ready and aligned, especially goalie. He must focus on puck in referee's hand.

Alignment - Every player must ensure they are properly aligned before puck is dropped.

Assignment - All must understand their role and responsibilities if draw is won or lost. All players need to know game situation i.e. last 30 seconds, short handed, power play etc.